

INTENSIVE STUDY PLAN - ORE 1 APRIL 2026

Disclaimer

- This study plan is formulated by UK Dental Exams and can be completed using openly available resources.
- Please note that this is an intense study plan focusing April 2026 exam. If you are preparing for LDS 1 May 2026 or ORE 1 Aug 2026, checkout the study plan on our website.

Please Note:

- There are three aspects of exam preparation:
 - Preparation
 - Practice
 - Revision
- The below plan will suit to complete the preparation and even the revision component. However, we recommend using our QBanks for ORE LDS (www.ukdentalexams.com/qbank) for practice questions and tests.

Resources: [Google Drive Link](#). [Click here to Download](#).

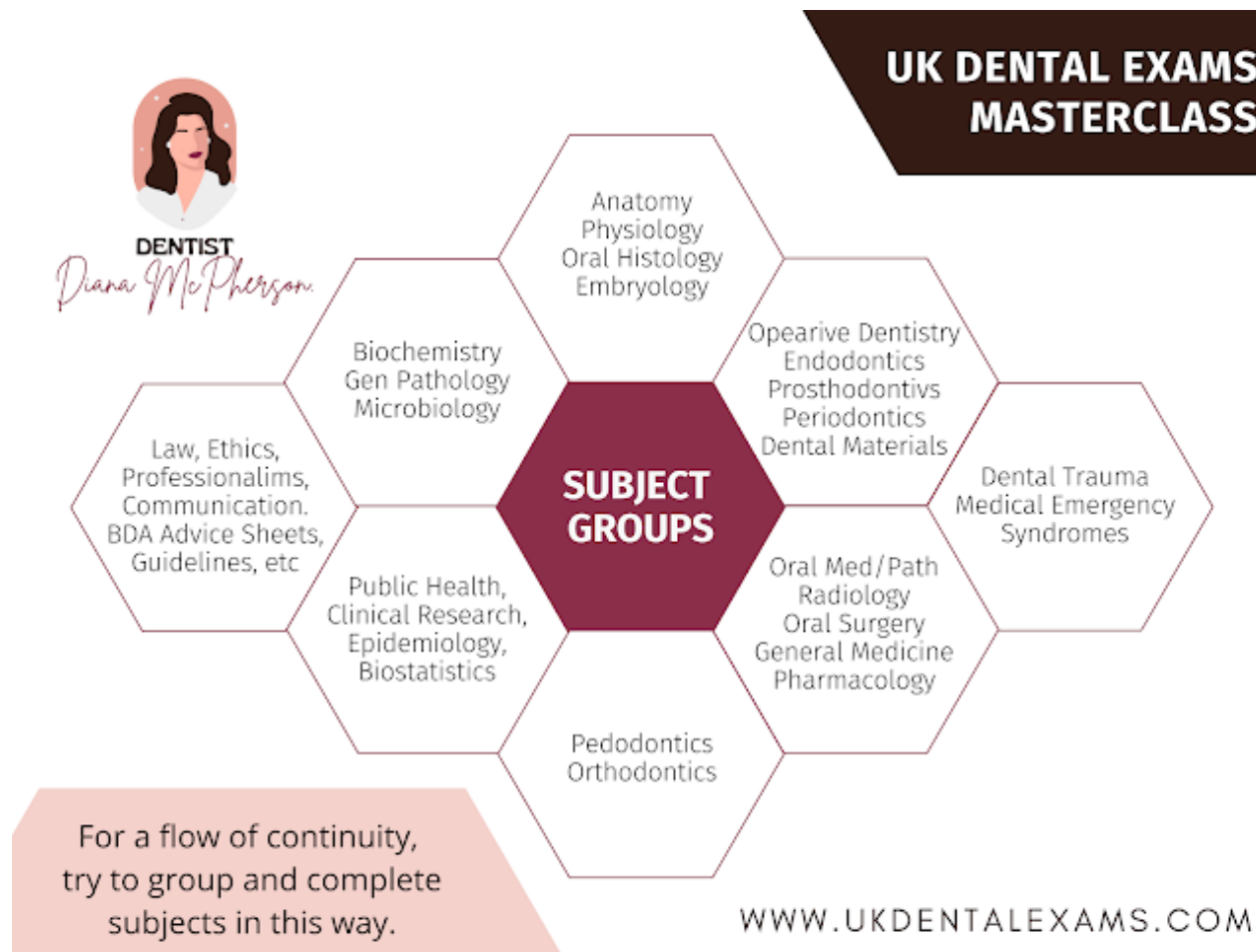
1. Oxford handbook of clinical dentistry a.k.a “Pink Book”
2. Oxford Handbook of applied dental sciences a.k.a “Blue Book
3. Oxford Handbook of Integrated Dental Biosciences – Immunology Chapter ONLY
4. Churchill Pocketbook – Few Chapters
5. Master Dentistry Volume 1 & 2 – Few Chapters
6. Netter’s Anatomy – Pictures + Label
7. Cawson’s Oral Path + Oral Med – Pictures + Label
8. Eric Whaites Radiology – Pictures + Label
9. Supplement Vander’s (for Physiology) and Scully’s (for Human Diseases) if time permits.

NUMBER OF DAYS	DATES	SUBJECT + Title of the PDF	Priority	Checkbox	
		Operative Dentistry – Pink Book Chapter 6			
		Dental Trauma Notes – Dr Diana Notes			
		IADT Guidelines			
		Endodontics – Pink Book Chapter 8			
		Prosthodontics – Pink Book Chapter 7			
		Periodontology – Pink Book Chapter 5			
		Periodontology – Notes - SDCEP Periodontal Disease (116 Pages)			
		Periodontology – Notes - The Good Practitioner's Guide (52 Pages)			
		Periodontology – Notes - BPE Guidelines (2 Pages)			
		Dental Materials – Pink Book Chapter 16			
		Dental Materials – Churchill Chapter 11			
		Pedodontics – Pink Book Chapter 2 and Chapter 3			
		Pedodontics – Master Dentistry Volume 2 (2 Chapters)			
		Orthodontics – Pink Book Chapter 4			
		Orthodontics – Master Dentistry Volume 2 (3 Chapters)			
		Cephalometry Notes (15 Pages) – Dr Diana Notes			
		Oral Medicine Oral Path – Pink Book Chapter 11			

		Oral Medicine Oral Path – Cawsons – Pictures + Label			
		Oral Radiology – Churchill Chapter 8			
		Oral Radiology – Eric Whaites – Pictures + Label			
		Oral Surgery – Pink Book Chapter 10 and Chapter 12			
		Facial Space Infection (2 Pages) – Dr Diana Notes			
		Forcep Extraction (4 Pages) – Dr Diana Notes			
		General Medicine – Pink Book Chapter 13			
		General Medicine – Supplement Scully (Important Chapters List on our website)	OPTIONAL		
		Pharmacology – Pink Book Chapter 14 and Chapter 15			
		Pharmacology – SDCEP Drugs Prescribing for Dentistry			
		Pharmacology – SDCEP Management of Patients taking anticoagulants			
		Pharmacology – SDCEP Management of Acute Dental Problems			
		Pharmacology – NICE – Conscious Sedation			
		Medical Emergencies – Scully Chapter 1			
		Medical Emergencies – Resus Council UK Guidelines			
		Dental Implants – Pink Book Chapter 5			
		Dental Implants – Master Dentistry Volume 1 (Surgical)			
		Dental Implants – Master Dentistry Volume 2 (Restorative)			

		Clinical Research – Master Dentistry Volume 1 Chapter 1			
		Syndromes – Dr Diana Notes			
		Anatomy – Blue Book (Chapters 1, 2, 3, 4, 5; 37, 38, 39)			
		Anatomy – All Pictures + Label in Netter's			
		Physiology – Blue Book (Chapters 9 to 23)			
		Immunology – Blue Book (Chapters 40 to 43)			
		Immunology – Oxford Handbook of Integrated Dental Biosciences – Chapter 11			
		Oral Histology – Blue Book (Chapters 6, 7, 8, 30, 31, 32, 33, 34)			
		Biochemistry – Blue Book (Chapters 24 to 29)			
		General Path – Blue Book (Chapters 44 to 48)			
		Microbiology – Blue Book (Chapters 49 to 54)			
Public Health, Law, Ethics, Professionalism, Communication and Other Clinical Practice Guidelines					
		Pink Book – Chapters 17, 18, 19			
		Churchill – 1, 2, 4, 5, 6, 7, 20			
		Delivering Better Oral Health			
		BDA Sheets – Refer our website Study Plan for the list			
		FGDP – Selection Criteria for Radiography			
		SDCEP – Decontamination			

LIST OF SUBJECTS



Duration of Preparation:

- There is roughly 55 days to date of exam from now.
- Keep the last 3-5 Days for Revision; Do not read any new content in those days.
- Anatomy, Physiology, Immunology, Embryology and Oral Histology: These are 60% of Paper A. So, Plan Accordingly.
- Restorative Dentistry, Pedo-ortho, Oral Med- Oral Surg- Radiology: These are 80% of Paper B. So, Plan Accordingly.
- Physiology is the heavyweight of Paper A. Oral Medicine is the heavyweight of Paper B.
- UK Clinical Guidelines has always been a decision maker in borderline pass/fail.

When is the exam

Visit this website to track time and plan preparation: [When is my exam?](#)

Join our WhatsApp Group ONLY if you are planning for April 2026 ORE 1 exam.

WhatsApp Group Link on the webpage: [click here](#)

MCQ Doubts Solving and Discussions group: [Click here](#)

How can we be of more help?

- ❖ If you need Question Bank for each subject, topic-wise tests, subject-wise tests and Grand Mock Tests:
 - Enroll in QBank for ORE LDS for £199: www.ukdentalexams.com/qbank
- ❖ Along with the above, If you need UK Clinical Guidelines, Notes and Revision Notes:
 - Enroll in UK Dental Exams Masterclass WITHOUT Video Lectures for £229: www.ukdentalexams.com/masterclass
- ❖ Along with the above, if you need Video Lectures which would help you in struggling areas like Basic Medical Sciences:
 - Enroll in UK Dental Exams Masterclass WITH Video Lectures for £279: www.ukdentalexams.com/masterclass



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 www.ukdentalexams.com/ore-2026

IMPORTANT LINKS FOR OTHER CANDIDATES

Study Plan for ORE / LDS 1:

<https://ukdentalexams.com/uk-dental-licensing-exams/ore-lds-exam-guidance/how-to-prepare-for-ore-lds-part-1/>

Study Materials

<https://ukdentalexams.com/uk-dental-licensing-exams/ore-lds-exam-guidance/list-of-study-materials-for-ore-lds/>

Google Drive Link for Study Materials

https://drive.google.com/drive/folders/1XDg8y_ntyxjh5EQ1kiNjlsUmVPfKNKyf

Course for ORE / LDS 1:

<https://ukdentalexams.com/masterclass/>

Other Courses:

<https://ukdentalexams.com/courses/>

Telegram Group Link:

<https://t.me/ukdentalexams>

UK DENTAL EXAMS
Diana McPherson

There are some notes, QBank around 1000 Qs with explanations and a huge collection of Previously Asked Questions which can be accessed without enrolment. You may find it useful. You can access them here:

<https://www.ukdentalexams.online/single-checkout/633c0c75e4b0b71a18dd2dfa?pid=p1>

IMPORTANT LINKS FOR OTHER CANDIDATES

ORE/LDS Overview:

<https://ukdentalexams.com/uk-dental-licensing-exams/>

ORE Application Guidance:

<https://ukdentalexams.com/uk-dental-licensing-exams/ore-lds-application-guidance/>

Checklist of documents:

<https://ukdentalexams.com/uk-dental-licensing-exams/ore-lds-application-guidance/checklist/>

LDS 1 Application Guidance

<https://ukdentalexams.com/uk-dental-licensing-exams/ore-lds-application-guidance/lds-1-application-guidance/>